

INTERNATIONAL MEETING IN CLINICAL GNATHOLOGY: POSTURE, OCCLUSION AND GENERAL HEALTH (MILANO 9 - 10 MAGGIO 1997)

MANUAL MEDICINE IN STOMATOGNATHIC APPARATUS DYSFUNCTIONS P. CETANI*, D. DEL CORSO, D. MANOLIO, C. MORTELLARO

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The aim of this study was to make a clinical evaluation of patients with dysfunctions of both the stomatognathic apparatus and the cervical spine in a sample population of both sexes aged between 14 and 60 years old, using sample diagnostic and therapeutic techniques from manual medicine.

The criterio of admission to the study, on the basis of clinical and symptomatological evaluatio, was the presence of MID (Minor Intervertebral Disorder) at the upper cervical level with CTM (reflex Cellular Tone Myalgia).

Out of a total of 320 patients examined from november 1994 to February 1996, 207 were regarded as suitable for manual medical therapy. 5% of these patients were excluded on the grounds of technical contraindications.

Treatment was divided into 3 - 4 sessions at weekly intervals. 9% of patients treated did non require further therapy owing to the complete remission of symptoms. The remaining 91% required continued therapy for a period of up to 6 months, with the association of occlusal bite or, owing to different aetiologies or different competences, longer-term orthodontic, prosthetic, conservative or surgical treatment. In some cases the support of the psychopathologist was required.

These preliminary results are encouraging and merita detail examination, above all in those cases that benefited solely from treatment using vertebral manipulation "manu medica".